



## Roughwood Primary School Newsletter

# Online Safety Newsletter

Issue 4

### **Our Willow Tree Warriors for 2022/2023**

Each year, students apply to become a Willow Tree Warrior (an internet safety expert in school) to inform and help other students around school with internet safety and worries. Thank you to everyone that applied. We have now selected our Warriors who are pictured below!

### **Included in this newsletter:**

- How to become Internet Sharp
- Digital footprints and the impressions they leave behind
- Social Media Review: TikTok



# All About: Internet Sharp

## What is Internet Sharp?

Internet Sharp focuses on understanding and thinking about we are sharing on the internet. Many children often don't understand that whatever you post online can still be seen by anyone far into the future! This is known as a 'digital footprint'.

As we get older and begin looking for jobs, inappropriate posts or 'digital mistakes' we made when we were younger can effect how others see you, or your online reputation.

## What is a digital footprint?

A digital footprint is the trace that we leave behind when using the internet. Almost every website now uses cookies to track what pages you visit on their website and competing websites. Websites and your computer stores this information to remind you what you previously viewed. Digital footprints also include your contributions and communications using the internet (posting to social media, search history etc.).

## If I delete it, is it gone?

You may have heard the popular comment, "Once it's on the internet, its their forever!" This is true. Even if you decide to delete something on the internet, it may have already been saved, shared, manipulated (edited) or print screened ( also known as a screen shot). This is why it is important to think before sharing.

## Think!

- Would you say it to the person' face! If the answer is no, then don't say it online.
- Posting online is publishing! What you say could be a criminal offence.
- Set your privacy setting set to friends only (or friends and family only).
- Is it personal information? Never share personal information online publicly (or to strangers).

# Social Media Review: TikTok



## What is TikTok?

TikTok is a video sharing app that allows users to upload and share short videos (from 15 seconds to 10 minutes long) for other people to view.

TikTok is available in over 40 languages and is popular for sharing content of dances, stunts, pranks and tricks.

## Recommended Age

Although there is no official age restriction, users need an account to use the app. To set up an account, you need an email address which is 13+.

Did you know?  
The minimum age to manage your own Google Account or any email account is 13!

## Dangers associated with TikTok

- There are over a billion active users of the app with 80% being between the ages of 16-34!
- It is thought that 83% of users have posted a video ( this means that many children are posting videos of themselves).
- The average daily usage of TikTok is 95 minutes per day; which is a long time!

## Advice for parents

- Change the account from public to private in settings. Private accounts require you to accept a request to allow others to follow you. This also stops strangers from messaging you.
- Turn off sharing. This stops others from easily sharing your images or videos. You could also turn off cross platform sharing (for example to Facebook).

13+



AGE RESTRICTION

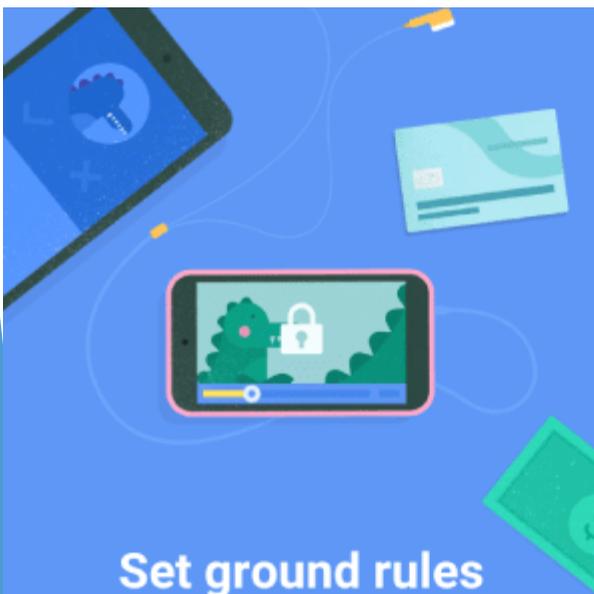
# Google Family Link app

The Own It app gives you advice when you need it, in real-time as you type! Helping you to make smart choices, feel more confident, and live your best life online.

## How does it work?

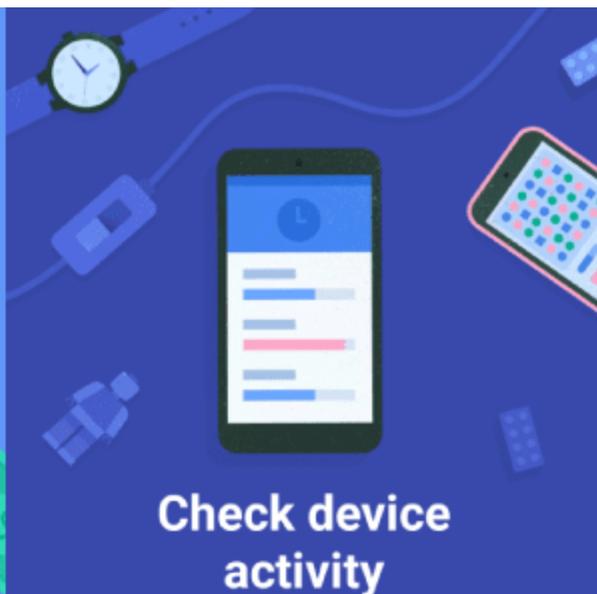
The app will recommend content that might be helpful, or it might intervene when your typing something to check that you are happy to share the information with others.

For example, if your typing some personal information such as an address, it will remind you if this is something you want to share. It will also ask whether you are sure you want to send a particular message (such as an unkind message) and offer advice or promote kind messages.



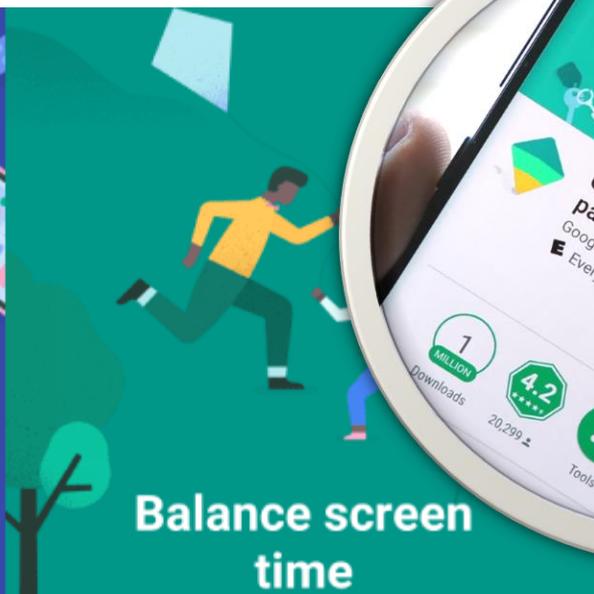
### Set ground rules

Block or allow certain apps and websites



### Check device activity

Keep an eye on the apps your child use, and for how long



### Balance screen time

Lock devices when it's time to play, study or sleep

GET STARTED



# Coming Up...

In our next newsletter, we will be looking at internet legends second pillar; Internet Alert!

Our school will also be participating in Safer Internet Day 2023, which will be on Tuesday 7<sup>th</sup> February 2023. During the day, we will partake in a live presentation from the Internet Legends team and have several activities in our classes (assisted by Willow Tree Warriors) throughout the day.

A vibrant, low-poly 3D illustration for Safer Internet Day 2023. The background is a light blue sky with a white grid globe in the center. Several colorful, geometric islands float in the air, each with unique structures like towers and buildings. A central character, a white and blue robot-like figure with large blue wings, stands on a blue base. The text 'Safer Internet Day' is written in a large, bold, blue font, with 'Tuesday 7 February 2023' in a smaller, black font below it.

**Safer Internet Day**  
Tuesday 7 February 2023