As a healthy school, both the physical and mental well-being of our pupils and staff is of great importance to us.

**Our core objectives for 2018-19 are:**
- To encourage all pupils to be active for at least 30 minutes each day.
- To raise participation of sport within school for all pupils.
- To promote sport values through all activities: Conduct, Participation, Passion, Respect, Teamwork, Determination, Self-belief, Honesty.
- To be proactive in encouraging all pupils to be active at school to support in addressing the growing obesity issue. [2017 summary NCMP 44% obese by Y6]
- To encourage emotional well-being through targeted activity.
- To promote healthy lifestyle choices within school and the wider community.

**We aim to achieve this by:**
- Weekly physical education lessons
- Active break times
- After school sports clubs
- Lunchtime training
- P4C (Philosophy 4 Children)
- PSHE (Personal, Social and Health Education)
- Science lessons
- Working with outside agencies such as MIND, Health
- Family fitness sessions
- Family Learning
- Small targeted group work
- Working with parents to support our children

**Sports Premium usage for 2018-19:**
We have used funding to allow long-term sustainability in sports provision to improve the quality of Physical Education for all of the children in our School. Currently, we employ a PE Coordinator. Furthermore, extra-curricular sports lessons are provided for children after school and at lunchtimes.

Our PE co-ordinator regularly liaises with the Local School Sports Partnership and attends local and national competitions and sporting events alongside the children to encourage the pupil’s participation in sports. Lunchtime and break time sports sessions are available for the children on a daily basis with the Sports Leaders supporting the activities. A wide range of sports activities are available, such as circuit training, football, hockey and basketball classes.
During break times, the children on the yard are encouraged to access a range of sporting equipment and are lead in team sports and games by support staff and the Playground Leaders.

Additionally, as part of our obesity project, we have also incorporated the weekly mile into the school timetable. This is a short burst of activity for 10 minutes that all classes participate in every week to improve learning readiness, concentration and behaviour.

A wide range of after school clubs are also available such as basketball, team sports, football and tag rugby. After school sports clubs are held twice a week and are run by teaching staff. Children are also invited to attend cooking club where staff teach and educate the children in how to prepare healthy meals.

Sporting events are held regularly throughout the school year. Each year, our school hosts the Willow Tree Academy Olympics where our 4 Academy Schools work collaboratively together in a variety of team sports. Medals are awarded to the winners in an Olympic style ceremony. Charity sports events such as Race for Life and Sports Relief are held annually where classes are asked to participate in a sporting event to raise money for a worthy cause.

**TOTAL ALLOCATION £19,000**

**Current Expenditure:**

<table>
<thead>
<tr>
<th>Amount</th>
<th>Item</th>
<th>Aim</th>
<th>Impact</th>
<th>Next Steps</th>
</tr>
</thead>
<tbody>
<tr>
<td>£3000</td>
<td>Lunchtime and After school Clubs</td>
<td>Increase participation in School games and encourage to enter competitions amongst other schools</td>
<td>Networking with other schools gains confidence whilst also encouraging pupils to take on leadership</td>
<td>Continue to encourage pupils to take up physical activities including the less active children</td>
</tr>
<tr>
<td>£5200</td>
<td>Sports Equipment</td>
<td>To enhance the quality of teaching and learning in outdoor provision.</td>
<td>All staff have the necessary equipment to ensure the highest quality PE provision</td>
<td>Continue to ensure pupils have a quality provision</td>
</tr>
<tr>
<td>£6755</td>
<td>Bought in Sports</td>
<td>To improve basic skills and engagement with sports. Staff CPD.</td>
<td>Networking with other schools gains confidence whilst also encouraging pupils to take</td>
<td>Continue to encourage pupils to take up physical activities including the less active children</td>
</tr>
<tr>
<td>£675</td>
<td>Dance Teaching</td>
<td>To engage children with dance and performing arts.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>